



Modesto City Schools Families:

There are a number of resources available in our schools and our community for students who struggle with social/emotional related issues. If your child experiences social/emotional challenges that are impacting his/her ability to succeed, please contact your school or one of the mental health resources listed below. This document is available on our website at mcs4kids.com/district/health-services.

Sincerely,
Mark Herbst, Associate Superintendent, Student Support Services

Resource	Contact Info	Services Provided
Aspiranet	(209) 576-1750 1620 Cummins Drive	Individual, group and family counseling. Culturally sensitive staff available who speak English and Spanish. FEE: Medi-Cal insurance only.
Center For Human Services	(209) 526-1440 2000 W. Briggsmore Ave, Ste. I	Individual, group and family counseling. Services offered in English and Spanish. FEE: Sliding scale; accepts Medi-Cal.
Community Hospice	(209) 578-6300 4368 Spyres Way	Support groups for people grieving loss of a parent, child, sibling, friend or significant other. Culturally competent bilingual staff available. FEE: None
Doctors Behavioral Health Center	(209) 558-4600 1501 Claus Road	Inpatient psychiatric services and emergency services. 24-hour crises assessment.
El Concilio	(209) 523-2860 1314 H Street	Counseling, referrals and education. Free ESL/citizenship classes, immigration, first time home buying/financial literacy, assistance, support groups, counseling/referrals, health and parent education. FEE: None
Haven Women's Center	(209) 524-4331 (888) 454-2836 24hr crisis line 618 13th Street, Suite I	Education/ emotional support groups, individual counseling, rape crisis intervention help, domestic violence, restraining orders, battered women's shelters. Youth groups for children and teens impacted by DV or sexual abuse. FEES: Free support groups; no fee for any services.
Health Net	(888) 426-0030	For Medi-Cal consumers who have been determined to meet criteria for mild to moderate mental health services. Contact the number for referrals and further information. FEE: None
Josie's Place Drop-In Center	(209) 558-4464 1208 9th Street	Provides a safe environment for 16-25 year olds with serious emotional disturbance or mental illness. Employment and housing resources, access to computers, games, billiards, organized activities. FEE: None
Leaps & Bounds	(209) 558-4595 4640 Spyres Way	Behavioral health program focused on serving children aged infant-5 years and families.
Optimal Hospice Foundation	(209) 338-3000 1101 Sylvan Ave., Suite B-10	Grief groups for adults and children, bereavement services.
Parents United	(209) 524-4858 610 14th Street	One-on-one counseling for adults molested as children and adult offenders; groups for children. FEE: Medi-Cal, Private Insurance, Victim Witness. Free for uninsured Stanislaus County residents.
Sierra Vista Child and Family Services	Children: (209) 550-5869 1400 K Street, Ste. B Adults: (209) 524-6371 1030 15th Street	Variety of child, adult and family services including individual/family and divorce counseling, court ordered counseling, parent education, anger management, domestic violence programs. FEE: Sliding scale, private insurance, Medi-Cal, no-fee parenting classes.
Stanislaus County Behavioral Health and Recovery Services	(888) 376-6246 800 Scenic Drive	Integrated mental health services for adults and children with a serious emotional disturbance. BHRS also provides outpatient and residential alcohol and drug treatment and prevention services.
The Place	(209) 522-7244 1340 College Avenue	Support for LGBTQ youth and adults.