



MODESTO CITY SCHOOLS

Educational Services

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TO: 7-12 Principals & 9-12 Athletic Directors

DATE: 6/15/21

FROM: Brad Goudeau, Associate Superintendent, Educational Services

SUBJECT: **SUMMER ATHLETICS AND CHEER GUIDELINES - UPDATE**

*The following information regarding summer athletics and cheer guidelines is effective **June 15, 2021**.*

The information stated in this document are meant to serve as clarifying guidance regarding face-covering / mask-wearing during summer athletics and cheer conditioning/practices. Additionally, the purpose of this information is to align our district COVID practices with the [CDPH guidelines released on June 15, 2021](#).

- Mask Guidelines
 - The CDPH [Guidance for the Use of Face Coverings](#) applies to all Californians and must be followed.
 - All athletes participating in **indoor sports** are to wear face coverings when participating, even with heavy exertion *as tolerated*, and as prescribed in the CIF [sport-specific guidelines](#) (regardless of CIF affiliation) with the following modifications:
 - ✓ When not actively participating in play, masks are required, **for indoor sports**, by all participants, coaches, assistants, observers, etc. This includes athletes on the bench, sidelines, etc., unless prohibited by activities such as drinking water or receiving care.
 - ✓ **Masks can be removed at any time for an athlete to catch his or her breath during or after heavy exertion.**
 - ✓ Masks are not required for outdoor sports activities.
 - ✓ Wherever possible, physical distancing of six feet should be achieved before removing masks and should be replaced as soon as safe to do so.
 - Observers or spectators attending an indoor event, game, or practice are to wear a mask.
- Indoor Activities Guidelines
 - Athletes and coaches can use their school gym, weight room(s), or wrestling practice room.
 - Masks are to be worn for all indoor activities (see above guidelines for masks).
 - Coaches will have to ensure physical distance, continue to sanitize the equipment after use and reduce any potential crowding pending the size of the gym, weight, or wrestling room(s).
- Outdoor Activities Guidelines
 - Masks are not required for outdoor sports activities.
 - Coaches will have to ensure physical distance, continue to sanitize the equipment after use, and reduce any potential crowding pending the size of the area/field they are using.
- Observers/Spectators Guidelines
 - Observers or spectators may attend indoor events, practices, and games.
 - Masks are required to be worn for all indoor activities (see above guidelines for masks).
 - There is no limit to the total number of observers or spectators at an event under 5000 people.
 - School administration and coaches are to continue to ensure physical distance and reduce any potential crowding.

- Athletic team travel to events/games outside of the county or state is allowed.
- All other MCS COVID protocols for athletics and cheer continue.

BG:pab