

## MODESTO CITY SCHOOLS COURSE OUTLINE

|                                     |  |
|-------------------------------------|--|
| <b>Course Title</b>                 | Psychology I OLL S1      Psychology I OLL S2   |
| <b>Course Number</b>                | OLL58601                      OLL58602   |
| <b>Recommended Grade</b>            | <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input checked="" type="checkbox"/> 9 <input checked="" type="checkbox"/> 10 <input checked="" type="checkbox"/> 11 <input checked="" type="checkbox"/> 12   |
| <b>Duration</b>                     | <input type="checkbox"/> Quarter <input checked="" type="checkbox"/> Semester  |
| <b>Credit</b>                       | <input type="checkbox"/> 2.5 <input checked="" type="checkbox"/> 5 <input type="checkbox"/> 10   |
| <b>Repeatable for Credit</b>        | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  |
| <b>Required for Graduation</b>      | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  |
| <b>Meets Graduation Requirement</b> | <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  |
| <b>CALPADS Course Number</b>        | 9177   |
| <b>CALPADS Course Name</b>          | Psychology   |
| <b>Meets UC/CSU Requirements</b>    | <input type="checkbox"/> Yes <input type="checkbox"/> No    If yes, which area? <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D <input type="checkbox"/> E <input type="checkbox"/> F <input type="checkbox"/> G |
| <b>CTE Course</b>                   | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  |
| <b>CTE Course Level</b>             | <input type="checkbox"/> Introduction <input type="checkbox"/> Concentrator <input type="checkbox"/> Capstone    N/A   |
| <b>Part of a Course Pathway</b>     | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No    If yes, which pathway?  |
| <b>Credential Requirements</b>      |  |
| <b>Replaces</b>                     | N/A  |
| <b>Recommended Prerequisites</b>    | N/A  |
| <b>Aligned to Standards Date</b>    |  |
| <b>Content Delivery Method</b>      | <input type="checkbox"/> Instructor Led <input checked="" type="checkbox"/> Online Provider    Modesto Virtual Academy   |
| <b>Other Information</b>            |  |
| <b>Board Approval Date</b>          |  |
| <b>Implementation Date</b>          | Fall 2020  |

**Course Description:**

**Required Text(s):** (Title, Publisher, Year):

**Supplementary Materials(s):**



**Course Name:** Psychology I v18

**Course Credit:** 0.5

**Course Estimated Completion Time:** 16-18 weeks

**Course Description:** Understanding the thoughts, emotions and behaviors of self and others is critical to developing and maintaining interpersonal relationships. In Psychology I, students learn theories of historically significant psychologists who laid the foundation for scientific research and a clearer understanding of the human mind. This course explores how psychological perspectives influence personality and play a role in human development across the lifespan. Students examine how behaviors are developed, memories are stored and language is acquired. Students also learn about the symptoms and classifications of psychological disorders, along with the various forms of treatments available. After completing this course, students will be equipped with problem solving strategies and even learn methods to cope with stress. Practical, everyday application of the content is a focus of this course.

**Prerequisites:** None

**Honors Lessons:**

**Course Profile (Includes Honors, if applicable)**

| Type of Assessment       | Quantity  | Location(s) |
|--------------------------|-----------|-------------|
| Teacher-graded           | 21        |             |
| Auto-graded              | 11        |             |
| Partial Auto-graded      | 8         |             |
| Discussion-Based (DBA)   | 3         |             |
| Collaboration            | 1         |             |
| Project-based            | 5         |             |
| <b>Total Assessments</b> | <b>40</b> |             |

**Types of Assessments (Includes Honors, if applicable)**

| Type of Assessment | Available | Type of Assessment | Available |
|--------------------|-----------|--------------------|-----------|
| Multiple Choice    | Yes       | Essay              | No        |
| Worksheets         |           | Collaborative      | Yes       |
| Web 2.0            | Yes       | Short Response     | Yes       |
| Project - Based    | Yes       | Labs               | No        |
| Self - Check       | Yes       | DBAs               | Yes       |

## **Scope and Sequence**

### Module 01: Theories and Personality

- 01.00 Introduction to Theories and Personality
- 01.01 Roots of Psychology
- 01.02 Psychology Applied
- 01.03 Psychodynamic Perspectives
- 01.04 Humanistic Perspectives
- 01.05 Trait and Social-Cognitive Perspectives
- 01.06 Review and Project Milestone
- 01.07 Discussion-Based Assessment

### Module 02: The Human Lifespan

- 02.00 Introduction to the Human Lifespan
- 02.01 Studying Development
- 02.02 Prenatal Development and the Newborn
- 02.03 Early Childhood Development
- 02.04 Social Development in Childhood
- 02.05 Adolescence
- 02.06 Aging
- 02.07 Review and Project Milestone

### Module 03: Learning and Memory

- 03.00 Introduction to Learning and Memory
- 03.01 Classical Conditioning
- 03.02 Operant Conditioning
- 03.03 Observational and Cognitive Learning
- 03.04 Information Processing
- 03.05 Storage
- 03.06 Retrieval
- 03.07 Review and Project Milestone
- 03.08 Discussion-Based Assessment

### Module 04: Thinking and Language

- 04.00 Introduction to Thinking and Language
- 04.01 Language Acquisition
- 04.02 Language and Thought
- 04.03 Problem Solving and Decision Making
- 04.04 Obstacles
- 04.05 Stress
- 04.06 Coping
- 04.07 Review and Project Milestone

### Module 05: Psychological Disorders and Treatment

- 05.00 Introduction to Psychological Disorders and Treatment
- 05.01 History of Psychological Disorders
- 05.02 Classifying Disorders

- 05.03 Anxiety and Mood Disorders
- 05.04 Personality, Dissociative, and Schizophrenic Disorders
- 05.05 Overview of Treatment
- 05.06 Psychotherapy
- 05.07 Review and Discussion-Based Assessment
- 05.08 Final Project