

MODESTO CITY SCHOOLS COURSE OUTLINE

Course Title	Physical Education – Gr 1 OLL
Course Number	OLL (S1) OLL (S2)
Recommended Grade	<input type="checkbox"/> K <input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6
Duration	<input type="checkbox"/> Quarter <input checked="" type="checkbox"/> Semester
Credit	<input type="checkbox"/> 2.5 <input checked="" type="checkbox"/> 5 <input type="checkbox"/> 10
Repeatable for Credit	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Required for Graduation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Meets Graduation Requirement	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
CALPADS Course Number	9310
CALPADS Course Name	Physical Education (Departmentalized K-5)
Meets UC/CSU Requirements	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, which area? <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D <input type="checkbox"/> E <input type="checkbox"/> F <input type="checkbox"/> G N/A
CTE Course	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
CTE Course Level	<input type="checkbox"/> Introduction <input type="checkbox"/> Concentrator <input type="checkbox"/> Capstone N/A
Part of a Course Pathway	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, which pathway?
Credential Requirements	
Replaces	N/A
Recommended Prerequisites	
Aligned to Standards Date	
Content Delivery Method	<input type="checkbox"/> Instructor Led <input checked="" type="checkbox"/> Online Provider Modesto Virtual Academy
Other Information	
Board Approval Date	
Implementation Date	Fall 2020

Course Description:

Required Text(s): (Title, Publisher, Year):

Supplementary Materials(s):



Course Name: Elementary Physical Education Grade 1 v17

Course Credit: 1

Course Estimated Completion Time: 36 Weeks

Course Description: The Elementary PE courses focus on helping students develop an active lifestyle by integrating healthy habits and activities. The learning scaffolds on the previous lessons to provide developmentally appropriate activities and builds on skills learned in each grade level. Skill progressions help students learn how to throw, catch, kick, strike, dance, swim, and perform basic gymnastics. Students also learn how to eat a healthy diet, develop teamwork and sportsmanship, and strive for 60 minutes of daily activity. They learn to set physical goals and work to meet those goals in order to keep improving their skills.

Prerequisites: None

Honors Lessons: No

Course Profile (Includes Honors, if applicable)

Type of Assessment	Quantity	Location(s)
Teacher-graded	18	01.01, 01.02, 01.03, 01.04, 02.01, 02.02, 02.03, 02.04, 02.05, 03.01, 03.02, 03.03, 03.04, 04.01, 04.02, 04.03, 04.04, 04.05
Auto-graded	8	01.00, 01.06, 02.00, 02.07, 03.00, 03.06, 04.00, 04.07
Partial Auto-graded	0	
Discussion-Based (DBA)	4	01.05, 02.06, 03.05, 04.06
Collaboration	0	
Project-based	4	01.04, 02.04, 03.04, 04.05
Total Assessments	26	

Types of Assessments (Includes Honors, if applicable)

Type of Assessment	Available	Type of Assessment	Available
Multiple Choice	Yes	Essay	No
Worksheets	Yes	Collaborative	No
Web 2.0	No	Short Response	No
Project - Based	Yes	Labs	No
Self - Check	No	DBAs	Yes

Scope and Sequence

- Safety
- Fitness Assessment 1
- Locomotor Movements
- Underhand Throwing
- Catching
- Overhand Throwing
- Flexibility
- Cardiovascular Health
- Strength
- Nutrition
- Fitness Assessment 2
- Sportsmanship and Teamwork
- Nutrition and Water
- Striking
- Kicking
- Dance
- Gymnastics and Swimming
- Fitness Resources
- Improve Movement
- Fitness Assessment 3